



When life goes on pity side!

Once upon a time there is a girl called Anny Mutete. She was living with her mum as she could not know her father. Whenever she asked it to her mum who was her father, her mum became sad and did not answer her. Mutete had decided to never ask her anything related to her father.

One day she was at school sitting with her best friend Kami Alina who also did not have a father and they were talking about the happiness they could have to have their fathers and live with them. A teacher called Umurungi passed near and listened to them. She sat beside them and started to tell them her story.



"Do you know daughters, there is a time when life goes on pity. I was 10 years old when I knew my father. He was married to another woman. I met him the first time in the market and he said, *Hello young girl. I can see that you are growing. You are my daughter do you know?* He was drunk and I could not believe that a father I looked for all my life could be a drunkard. I felt so bad and I went and asked my mother why that man was my father and my mum told me her story.

She has been raped by that man and she got me, she loved me and cared about me with all her heart. I decided from that time that a mother can educate a child and be responsible. I studied hard from that time to never deceive my mother who cared and loved me for all her heart. Now I am a teacher, I am married and I am a mother. My mum is so

proud of me. When life goes on pity side don't stay there.

Just move forward all that happens to us, is to teach us and to straighten us for a better us. Be strong and be positive. Your mothers are super women. Just love them and care, study hard to make them proud. Don't fall into drug abuse, peer pressure, unprotected sex,... Just be responsible girls and all will go well. Please do pray to God for that. "

Mutete and Kami have loved their teacher's story so that they have chosen to be positive and focus on making their mothers proud of them. From that time they are the first of their classes and they are sure to get high performance after senior six and from that get a scholarship.

By A. Mutima Regine



BAZA AUNT REGINA

When a girl is allowed to be in love?

My name is Mukama. I am 15 years old. I am not happy because I have loved a girl of my school and she told me that she cannot love me as she is not allowed to love at her age. I would like to know at what age a girl is allowed to love.

Thanks.

Mukama , A girl or a boy is allowed to love at any age. But before the adult age that love is just limited because that young boy or girl must prepare her life first so that he/she can be ready to feed children and husband / wife when she/he will be married. A bright future is prepared. It is not something that fly from heaven by hazard. It is prepared. Before 18 years old, and 21 years old for some countries a person must focus on studying hard and get a degree which can allow him/her start university for professional orientation. It may happen that you don't study until university but none will chose it it is just bad chance that come like that. The best ever is to study hard and succeed then go to university for professional studies. After university you start working and invest in your bright future the money and your preparation for being a love of someone for real. It is when you get so serious in love and get engagement with someone you love. You will see some people who didn't think about that who loved so much while young and didn't get to what they wanted because they started a family so young and without enough resources to feed their families. I wish you all the best son. Just make good choices for a better future. May God bless you.

Aunt Regina.



Ese Gukoresha agakingirizo byaba ari iby'indaya?

Nitwa Pierina niga mu mwaka wa gatanu w'amashuri abanza. Numva abahungu twigana bavuga ko agakingirizo umuntu ugakoresha aba ari indaya. Kandi nigeze kubona umwe muri bo ari gusambana n'umukobwa duturanye witwa Mattiri binavugwa ko yamuteye inda. Nyamara numva bavuga ko iyo ukoresheje agakingirizo udashobora gutera inda. Munsobanurire kuko Mattiri yavuye mu ishuri ubu yarabyaye kandi ngira ubwoba ko nanjye byambaho. Ese koko gakoreshwa n'indaya?



Pierina Urakoze kubaza ikibazo cyiza. Abantu benshi ibyo bavuga si ko byose biba ari ukuri. Ni byiza kubaza ababizi neza kandi batakubeshya, nk'ababyeyi, abarimu, na Aunt Regina. Ugize neza. Mu by'ukuri kugirango usobanukirwe iby'agakingirizo bigusaba ikubanza kumenya uko gakoreshwa n'icyo gafasha. Agakingirizo gafasha umuntu ugiye gukora imibonano mpuzabitsina kuba atakwandura virusi itera Sida n'izindi ndwara zose zandurira mu mibonano mpuzabitsina iyo gakoreshwe neza, ndetse kakanarinda umugore cyangwa umukobwa kuba yatwara inda atabishaka.

Ese gakoreshwa gate? Agakingirizo gakoreshwa inshuro imwe gusa. Iyo ukambaye ugakora imibonano ukarangiza uhita ugakuramo ukakajungunya. Ntiwemerewe kongera kugakoresha. Iyo ukeneye kongera gukora imibonano ufata akandi kuko ako kaba kamaze gukoreshwa. Ikindi kandi iyo uri gukora imibonano mpuzabitsina wirinda kuba kacika cyangwa ngo kangirike mu buryo ubwo ari bwo bwose. Ntiwanagerekeranya udukingirizo tubiri na byo si byo.

Agakingirizo rero, Pierina , ntabwo ari ak'indaya. Ahubwo umuntu wese ukora imibonano mpuzabitsina n'uwo batashakanye aba agomba kugakoresha kabone n'aho yaba azi ko uwo bakundana atamuka inyuma. Ibi bifasha kwirinda no kurinda ejo hazaza hawe. Nta kiruta ubuzimabwawe. Kandi umuntu yakwizeza ibitangaza ariko ejo bigahinduka. icya mbere ni ukutishingikiriza ku wo ari we wese witwaje urukundo. Kuko urukundo n'ubuzima ikiruta ni ubuzima. Ufite ubuzima urukundo wazarushaka nyuma.

Wakwibaza uti ese nagakura he ndi umukobwa ? Cyangwa uti ese nk'umukobwa

uwakambonana ntiyanyita indaya? Pieri, ibyo abantu badutekerezaho si byo bifite agaciro. Igifite agaciro cya mbere ni ukwirinda tukarinda ejo hazaza hacu n'ah'abo tuzashakana. Agakingirizo abakobwa n'abahungu bagomba kuba bagafite kugirango hatazagira na rimwe ubwo bagwa mu busambanyi bakananirwa no kwirinda ingaruka. Aho gusambana ngo unandure cyangwa utware inda wakwirinda ibyo byombi ukabivamo amahoro.

Ngaho gira ubwenge kandi ntuzatinye kugura udukingirizo ngo ube udufite ejo utazadukenera utadufite ugahura n ingorane zo kwandura virusi itera sida ndetse n izindi ndwara cyangwa ukaba watwara inda ugatangira kurera kandi nawe ukiri umwana udafite ibitunga umwana. Gutunga agakingirizo si ugusambana. Yemwe si no kuba ubirarikiye. Ahubwo ni ubwirinzi nk'ubundi kandi ni ukugira imyumvire yagutse.

Nta gisebo kiri mu kuba warinda ubuzima bwawe ahubwo umuntu uzi ubwenge yagushimira ko ubasha kwirinda kandi ukazirikana kuri ejo hazaza hawe. Ntuzishinge ibyo abo muri mu kigero kimwe bavuga ahubwo ujye ubaza ababyeyi bakubwire iby'ukuri ndetse n'abarimu.



Uzabona urubwiruko rwinshi rutita kuri ejo hazaza habo ariko wowe irinde kandi wumve ko igishoro cyo kugira ejo hazaza heza ari ukuba wararinze ubuzima bwawe kwandura virusi itera Sida n'izindi ndwara zandurira mu mibonano mpuzabitsina nk'imitezi mburugu n'izindi, ndetse no kuba wararinze gutwara inda.

Tangira uyu muni ufata ingamba. Kandi uzajye no kwipimisha uhere ubwo witwara neza.

Nkwifurije amahirwe masa no kugira ejo hazaza heza.

Aunt Regina



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Baza Aunt Regine

Ese gukoresha agakingirizo byaba ari iby'indaya?

Nitwa pierina niga mu mwaka wa 5 w'amashuri abanza. Numva abahungu twigana bavuga ko



agakingirizo ari ak'indaya kandi njya numva bavuga ko karinda Sida kakanabuza gutwita. Kandi nigeze kubona umwe muri bo asambana n'umuko.....

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One day she was at school sitting with her best friend.....



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